

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## **Tessa Abrahamson**

Has successfully participated & completed the

8km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

## **TIME** 01:23:29

**PACE** 10:25/km **OVERALL** 74 of 166 GENDER 28 of 88 OPEN 23 of 51



outLime

Signature

Date